UNITED STATES KARATE ALLIANCE

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Directors: James H. Hawkes & Dr. David Jordan

JODY PAUL'S TOIDE: A FIRM GRIP ON KARATE

By Rick Nathanson, 7th Dan

Like many U.S. servicemen, Jody Paul discovered karate while he served as a Navy Seal in the early 1960s. A fellow naval comrade had been studying Shorinji Kempo under Master Do Shin So. Mr. Paul accompanied him one day, unaware that the dojo would become a permanent fixture in his life from then on.

Jody Paul

Today, Sensei Jody Paul is an internationally recognized martial arts instructor. He is an 8th Dan in Shorinji Kempo and a 7th Dan in Okinawan Kobudo. He is also the founder and president of the International Seidokan Motobu-Ryu Rengokai and is one of the major representatives of Grand Master Shian Toma's Seidokan system in the United States.

Sensei Paul will be among the featured instructors at the 2004 United States Karate Alliance Nationals Tournament and Annual Seminar series. The four-day event will be held at the Albuquerque Marriott Pyramid North Hotel in Albuquerque March 18-21.

The Toide seminar as led by Sensei Paul will be geared for participants of all skill levels.

Toide (also referred to as Tuite) is an old Okinawan word for "taking of the hands," Sensei Paul explained. "It involves pressure points and joint locks and things like that, but the idea is to

disarm an opponent with the least amount of resistance. And unlike Aikido, the opponent is redirected back in the same direction he came from, instead of continuing on in the same direction he was going."

A significant portion of the seminar will also focus on "Tai Sabaki," or body shifting. "It's important because it teaches you to defend yourself against a straight line attack by moving to the side or taking an angle," Sensei Paul said. "Usually, that winds up putting you behind your opponent, and as he passes you can counter. That's where you apply the techniques of Toide."

Sensei Paul studied Shorinji Kempo for eight years, during which time he got his first Black Belt. He also received a lasting appreciation for the philosophic and meditative aspects of the martial arts, as well as practical knowledge about joint locks and pressure point techniques.

He then went to study Seidokan under Grand Master Shian Toma. Seidokan "is a good, hard, strong system, and the people doing it are good fighters," Sensei Paul said. "And I liked Master Toma because he wasn't like the other Japanese teachers. He was more lenient and would tell you things and show you things, rather than make you figure out things for yourself. I just got along good with him."

In 1970, Grand Master Toma took Sensei Paul on a trip to visit Grand Master Seikichi Uchara, now head of the worldwide Zen Okinawa Seidokan Karate Kobudo Renmei systems.

"At the time, I don't think Uchara had any American students, and I actually don't think he was too thrilled to have any. It took him a few years to warm up to the idea," Sensei Paul recalled.

Part of that reluctance was based on cultural differences. "Training in the old days was not really any different than how people train in the United States. But Japanese and Okinawan students are just more dedicated and don't question things. That's part of their culture. Americans always ask why. In Japan and Okinawa, the teachers expect you to seek the way. In the United States, students expect teachers to show them the way."

Nevertheless, Grand Master Uchara took Sensei Paul on as a student of Motobu Udun Ti, which also incorporated the techniques of Toide. The biggest difference in the Toide practiced by Grand Master Toma, and the Toide practiced by Grand Master

Uchara was "Toma's was more aggressive, while Uchara's was more flowing and softer," he said. "Toma would just overpower you and take you to the ground."

Grand Master Toma remains Sensei Paul's instructor to this day. Seikichi Uchara remains the oldest living practitioner on Okinawa. He will be 101 years old in March.

Sensei Paul left the Navy in 1985, after 26 years. He returned to his native Georgia but continued to work in service to the government, taking a job at a submarine base where he maintains sonar equipment and systems. Though he continues to work there, he calls himself "semi-retired."

About two years ago, Sensei Paul closed a large commercial dojo he ran in St. Mary's, Georgia, where about 200 students trained. He now has a small private dojo with 35 students.

"I wanted a better quality student and I just couldn't get that running a large school," he said. Most of his current students were from that larger dojo and most have been students of his for many years. His oldest student, who is 76 years old, has been with Sensei Paul for 30 years and runs a school of his own in Delaware.

For students who wish to engage in a lifelong study of the martial arts, Sensei Paul offers a simple piece of advice: "Be sincere, train hard and listen to your teachers. The Japanese call it 'manebu,' which means to 'imitate.'"

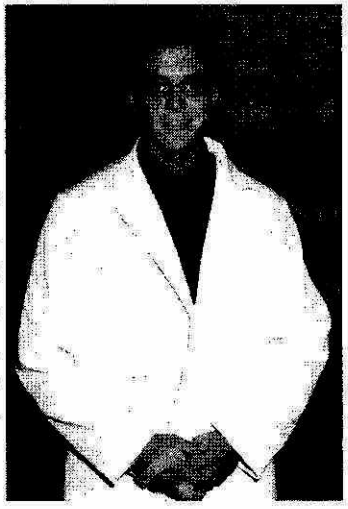
DANIEL JORDAN SETS BLACK BELT NATIONAL POINTS RECORDS

During the 2002-2003 national points year, **Daniel Jordan**, a triple national crown winner in black belt kumite, kata and weapons, scored a combined total of 1749 points in 29 maximum sanctioned tournaments of

the United States Karate Alliance.

Mr. Jordan's highest point total was 700 points scored in black belt men kata. This surpassed the 565 point record set by **Jeff Crothers** in the 2001-2002 point year. Prior to that time,

Sam Shaw held the black belt national point record with 474 points scored in the 1993 competition year.



Mr. Jordan scored 660 black belt kumite points which was 135 points higher than the record of 525 points scored by **John Pat Bullock** during the 1994 point year. **Tim Davies** held the record for one year in 1993 with 505 points.

During the 2002-2003 national point year Daniel Jordan was the 2002 USKA World kumite champion and the 2002 PKC National kumite champion. He was also the 2002 PKC and USKA runner up National kata champion. Mr. Jordan was kumite and kata grand champion at six United States Karate Alliance regional and state tournaments. He was kumite grand champion at an additional 19 USKA maximum sanctioned tournaments and kata grand champion at 14 maximum sanctioned tournaments for a combined total of 39 kumite and kata grand championship titles.

Daniel Jordan is a member of the Atlee Chittim Roll of Honor and is now enrolled in Medical School at Des Moines University College of Osteopathic Medicine and Surgery. Congratulations on a job well done!!

2004 RULE PROPOSALS

The 2004 Nationals & Annual Seminar host our Annual National Convention where proposals are considered for additions or changes to the USKA Rules. This year, the following proposals will be considered:

Proposal 1: Ref. 3.2.b Black Belt defending Grand Champions of Double Maximum Points tournaments who participate in the Grand Champion round will receive 1st Place points if they do not successfully defend their title, and 1st Place plus Grand Champion points if they are successful.

Proposal 2: Ref. 7.1.a A senior competitor is a competitor 40 years of age and older.

Proposal 3: Ref. 16 & 16.1.a Label Koshiki as a "medium contact" event rather than a "hard contact" event. A point is a well-executed, medium contact technique. An illegal technique will include "full contact" techniques, techniques with injurious intent, and flailing about wildly.

Proposal 4: Ref. 16.4.a In Koshiki, the two corner judges would be scoring judges. They would sit on the sidelines and count valid points sighted by both competitors. At the end of the match, the center referee would give a vote on which competitor he/she felt was the most effective overall. The two judges would turn in their scorecards, each to be counted as a vote, showing which competitor they show having scored the most points at the end of the match. These votes would be tallied on the bracketing sheet, and the competitor with the majority votes would be declared the winner of the match.

Proposal 5: Ref. 16 A re-evaluation of the Koshiki rules for clarification, safety, and to encourage participation.

Proposal 6: Ref. 4.2.e The addition of Senior Black Belt Kata and Kumite divisions to the point standings.

Proposal 7: Ref. 7.3.a In order to create additional Black Belt divisions, there must be at least four competitors in each division.

Proposal 8: Ref. 7.2.d 4th kyu, gup, kup, or grade students will compete in the Advanced divisions if only Beginning and Advanced divisions are offered, and in the Intermediate divisions when Beginning, Intermediate, and Advanced divisions are offered. (Eliminating the current rule.)

Proposal 9: Ref. 4.2.e Tots Sparring will be divided into boys and girls.

Proposal 10: Ref. 1.3 & 5.3 Center Referees must be Alliance Certified Referees.

Proposal 11: Ref. 1.3 & 5.3 If the above proposal does not pass, then a re-evaluation of center referee qualifications in order to provide consistency in rules and procedure from ring to ring and from tournament to tournament.

Proposal 12: Ref. 6.1.b & 4.2 Competitors must compete in the division which fits their current rank. (Competitors may not "compete up.")

ANNOUNCEMENTS

Promotion Congratulations:

Angel Lopez	Yellow Belt
Laura Atzeni	Blue Belt
David Carlock	Blue Belt
Alyssa Patterson	5th Kyu Green Belt
Dane Bourgeois	4th Kyu
Brandon Petkovich	4th Kyu Green Belt
Ranelle Dawn Stovall	Green Belt w/Black Stripe
Kenneth Wade Stovall	Green Belt
Noe Vasquez	Green Belt
Keli Wilkie	Green Belt
Trey Weiss	4th Class Purple Belt
Ryan Kish	3rd Kyu Brown Belt
Christian Triay	3rd Class Brown Belt
Jennifer Thompson	Brown Belt
Kelli Caliguri	Brown Belt
Nikolas VaFides	2nd Class Brown Belt
David E. Dobbs	2nd Kyu Brown Belt
Mary C. Bolner	2nd Grade Brown Belt
David G. Vyers	1st Class Brown Belt
Aaron Smith	1st Class Brown Belt
Jeremy Shupperd	2nd Junior Black Belt
Shawn Shupperd	4th Junior Black Belt
Jack McDonald	1st Dan
S. Gene Hale	Shodan
Kyle D. Peterson	Shodan
John Becker	1st Degree Black Belt
Terry Shupperd	3rd Degree Black Belt
Stephen R. Donaldson	3rd Degree Black Belt
Daniel Jordan	3rd Degree Black Belt
Christopher D. French	Sandan
Erin Hernandez	3rd Degree Black Belt
Cliff Shipp	3rd Degree Black Belt
Mark Colgan	4th Degree Black Belt
Joan Howard	4th Degree Black Belt
Anita Gallegos	4th Degree Black Belt
Thomas Gardeski	5th Degree Black Belt
Cassandra Shults	5th Degree Black Belt
Chris Hawkes	5th Degree Black Belt
Dan Rupert	6th Dan
Benson Campbell	6th Dan
A.T. Chavez	6th Dan
Michael Mai	6th Level
Franco Sanguinetti	6th Degree Black Belt
Billy Paul Clark	6th Degree Black Belt

Rules & Referee Seminar and Score Keepers & Time Keepers Seminar:

The next Rules & Referee and Score Keepers & Time Keepers Seminar for certification will be held March 19, 2004 during the USKA Nationals & Annual Seminar in Albuquerque, NM.

Hall of Fame Meeting:

The next Hall of Fame Meeting will be held March 18, 2004 during the USKA Nationals & Annual Seminar in Albuquerque, NM.

Reminder, Competitors:

If you compete in a multi-sanctioned Alliance tournament, and you compete in a division with less than three people, you must notify headquarters in writing in order to have your points tabulated.

Our Sympathies:

Our sympathies go out to the family and friends of Marcus Eli Smith, born on June 8, 1986, and departed this life on Jan. 6, 2004. Eli was born in Texas, and lived in the Colony, until moving to Arizona in 1999. He and his dad trained under Juan Galvan until their move, and obtained the rank of Brown Belt. The thoughts and prayers of the membership go out to his family.

Tamara Long – Archuleta Martial Arts Scholarship Fund:

Dave Owen of Tempe, Arizona gave Richard & Cindy Long $500.00 to be used as a martial arts scholarship in Remembrance of their daughter, Tamara Long - Archuleta. The Longs have asked that school owners contact them regarding the use of this scholarship for deserving students to enter the USKA Nationals & Annual Seminar who might not otherwise be able to attend. They can be reached at 505-864-9568, or at 101 Becker Ave., Belen, NM 87002. Please contact them as soon as possible, as the Nationals are quickly approaching.

National Points:

The National Points results are enclosed in this *Bushido Bulletin.* Please call us immediately if you have a question or discrepancy regarding the points. Thank you for your help!

UNITED STATES KARATE ALLIANCE
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For more information contact the United States Karate Alliance
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